



Everest Helicopter Trek

Facts

Destination: Nepal

Trip Difficulty: Moderate

Trip Style: Trekking

Transport: As Itinerary

Food: Breakfast + Lunch + Dinner

Accommodation: Hotel + Lodge

Group Size: 1-12 people

Max Elevation: 5,545m/18,192ft

Arrival on: Kathmandu, Nepal

Departure from: Kathmandu, Nepal

Everest Helicopter Trek takes you to the eastern part of Nepal in Khumbu region where some of the highest mountains in the world are situated. Everest Helicopter Trek is specially designed for those travelers who want to feel the venture of trekking in the Himalayan trails, yet do not have adequate time to go on long treks. Everest Heli Trek is a perfect blend of both trekking and flying up to the base of the world's highest mountain, Mt. Everest (8,848 m). In a span of 7 days, you will reach EBC and fly back to Kathmandu.

Everest Helicopter Trek begins with a thrilling flight to Lukla. From here, you will descend through dense forests and follow the Dudh Koshi River to reach Phakding. The trail then goes through lush Sagarmatha National Park, which is home to numerous flora and fauna. You will reach Namche Bazar. Following morning is a rest day for you to acclimate your body

to the altitude. You will explore nearby areas and hike to Everest View Hotel where you will have a delicious breakfast. From here, you will fly to the Everest Base Camp looking up to the irresistible beauty of the Himalayan landscape and return to Lukla on the same day. Fly back to Kathmandu, and this brings the end of Everest Heli Trek.

Highlights

- Thrilling flight to Lukla.
- Walk along the banks of the beautiful Dudh Koshi river through Sagarmatha National Park and reach Namche Bazar.
- Get to experience ancient culture and tradition of Sherpas.
- Get to see an aerial view of Himalayas.
- Explore the Everest Base Camp.
- Witness irresistible beauty of the Himalayan landscape.
- Observe surreal views of snowy mountains like Mt. Everest, Mt. Nuptse, Mt. Lhotse, Mt. Bruntse, Mt. Cho Oyu, Mt. Kongde, Mt. Pumori, Mt. Ama Dablam, Mt. Thamserku, etc.

Day to Day Itinerary

Day 1: Arrive in Kathmandu (1,400 m).

Day 2: Fly to Lukla (2,804 m) and Trek to Phakding (2,610 m); 3-4 hrs.

Day 3: Trek to Namche Bazaar (3,441 m); 5-6 hrs.

Day 4: Acclimatization Hike around Namche Bazaar.

Day 5: Everest Heli Tour and Stay at Lukla Overnight at Luxury Lodge.

Day 6: Fly to Kathmandu in the morning and rest for the whole day.

Day 7: Depart from Kathmandu.



Cost Includes

- Airport / Hotel / Airport pick up & drop by private tourist vehicle.
- Standard twin sharing accommodation in a three or four star hotel in Kathmandu; Breakfast included. (4 nights)
- All your standard Meals during the trek (Breakfasts, Lunches and Dinners) one item menu.
- Lodges, Guesthouses accommodation during the trek
- Licensed English speaking guide.
- The required number of local staff and porters to carry your luggage during the trek (We assign one porter for every two guests).
- Food, accommodation, salary, insurance, equipment and medicine for all staff.
- Everest National Park permits and TIMS permit for trekking.
- Airfare from Kathmandu – Lukla – Kathmandu including airport departure tax in Kathmandu and Lukla airport.
- Surface transfer from and to Kathmandu.
- Farewell dinner in typical Nepali Restaurant with cultural dance show on second last day.
- All our government taxes, vat, tourist service charges.
- Official expenses.

Cost Excludes

- Air travel to/from Nepal.
- Lunch & dinner in Kathmandu.
- Soft/hard drinks, laundry, postage, telephone bills, all items of personal nature,
- Personal clothing, insurance against accidental, medical and emergency rescue



evacuations,

- Respective expenses if one returns earlier from the trip due to sickness or emergency purpose.
- Sightseeing around Kathmandu valley.
- Travel Insurance
- Emergency helicopter rescue evacuation arrangements will be covered by travel insurance.
- Guide porter tips.